




DOMESTIC VIOLENCE IN EUROPE

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Background

“Any act of gender-based violence that results in, or is likely to result in, physical, sexual, or mental harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life”

It includes physical, sexual, and psychological harm by a current or former partner or spouse, in any form or means It includes different phenomena, such as power, control and manipulation. This scope of actions is wide enough to encompass specific forms of permanent control, coercion, manipulation and humiliation

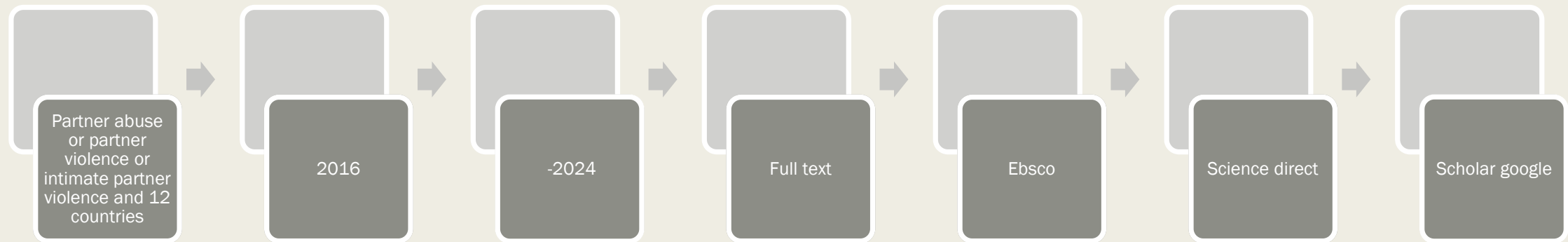
Physical consequences

- *Cardiovascular, gastrointestinal*
- *Reproductive/gynecological issues*
 - *Vaginal bleeding and urinary tract infections*
- *Musculoskeletal Issues*
- *Traumatic brain injuries*
- *Chronic pain*
- *Chronic disabilities*

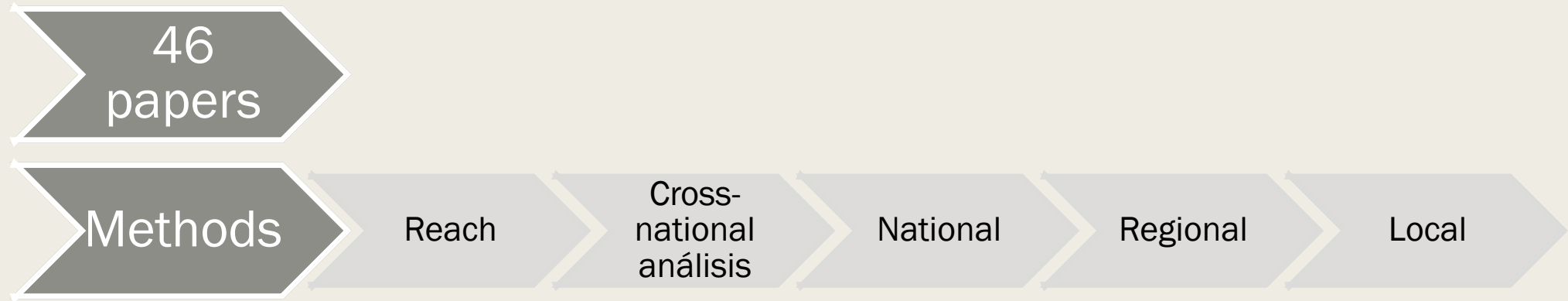
Psychological consequences

- Generalized anxiety disorders
- Risk for major depressive disorder (MDD) including postpartum depression
- PTSD symptoms
- Phobias
- Self-harm
- Sleep and eating disorders

Method



Results



Results

Type of tool

- Questionnaire
- Online survey
- Qualitative interviews (online and offline)
- Mix methods
- Review existing literature

Results

Focus

- *Emotional, physical and sexual abuse*
- *Domestic violence*
- *Financial abuse*
- *Behavioral patterns*
- *Impulsivity*
- *Forensic data*

Results

Victim
gender

- *Women*
- *Male*
- *Women and men*

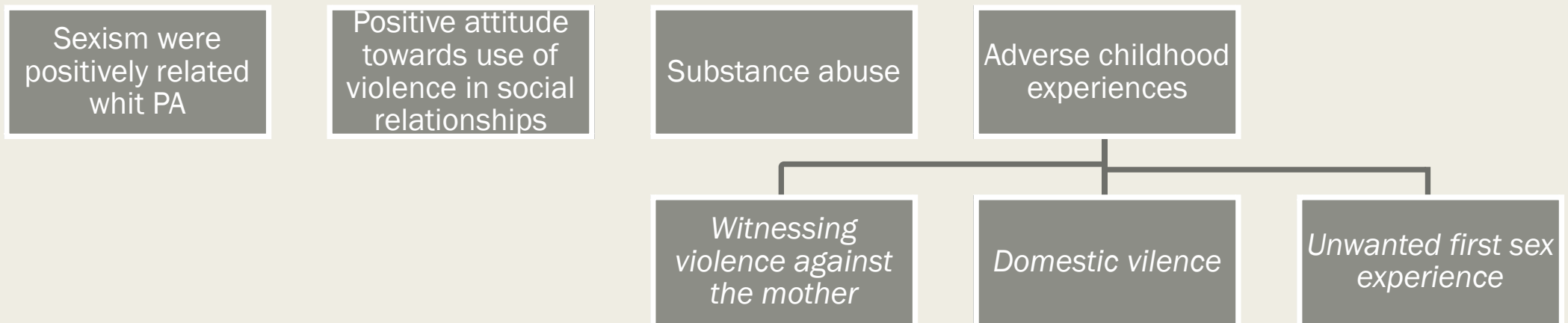
Results

Type of abuse

- *Physical*
- *Physical and sexual*
- Coercion
- *Emotional*
- *Psychological*
 - Economical

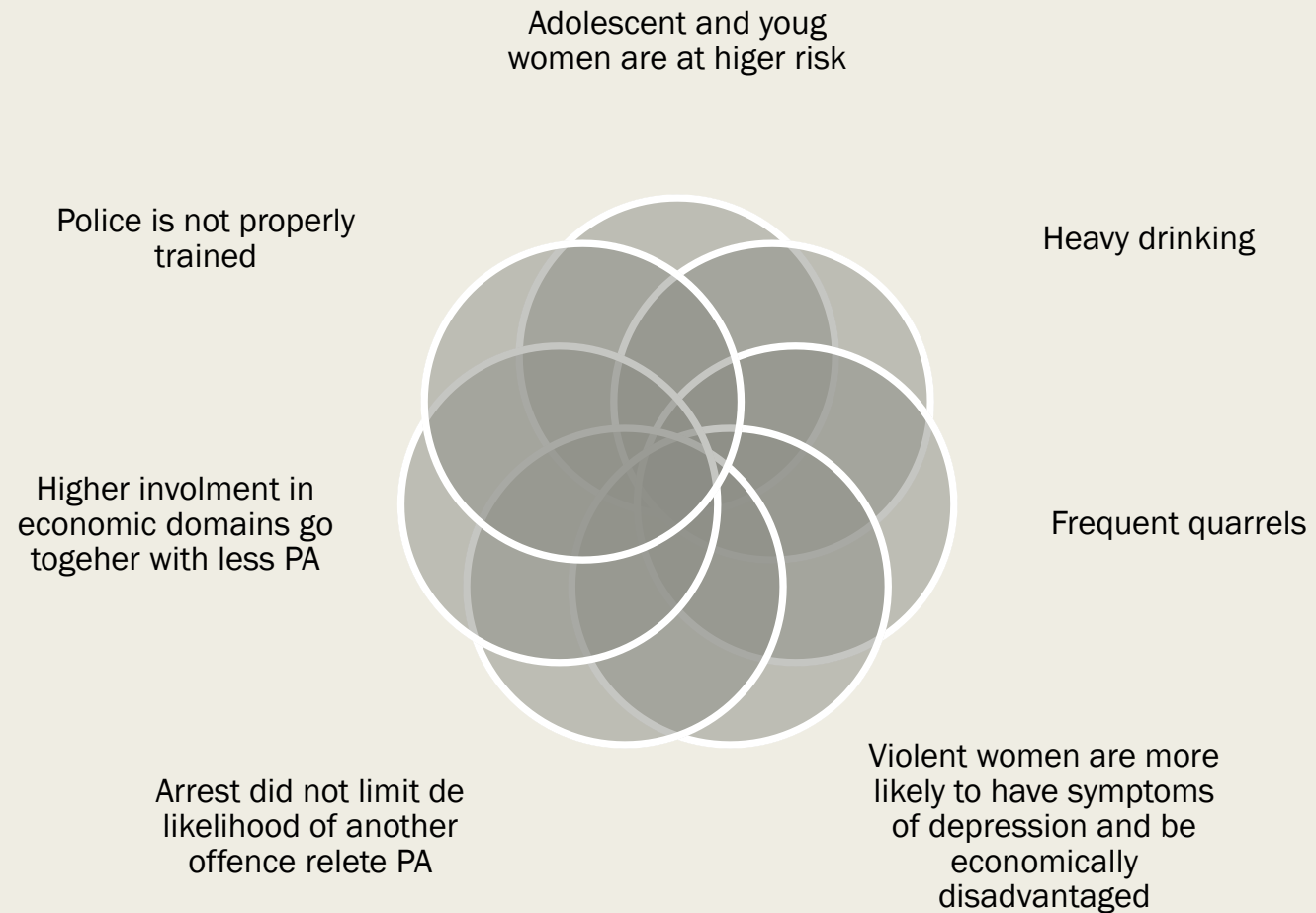
Results

Risk factors



Results

Risk factors



Legal approach



Results

Technology-based interventions

App

- Informations about risk behaviors
- Safety desition making

Internet of things (IoT) Smartwhatch and Smart bands

- Continuous knowledge of the status of the survivor and, if necessary, of the offender. In this way, and using GPS location
- Emergency management. A comprehensive management system must be ready to deal with a risky situation. GPS would show the exact point where an assault has taken place; biosignals would suggest the survivor's status, etc.
- Easy exchange of information. Between the survivor and police, healthcare professionals, trusted person, and all people involved in managing IPV.

Results

OMG's

- *Shelters*
- *Legal advice*
- *Support groups*

Arts-based Gestalt therapy

- *Self-esteem*

Behavioral therapy

- Problem-solving
- Anger
- Anxiety

Cognitive-behavioral therapy

- *Self-esteem*
- PTSD
- Depression

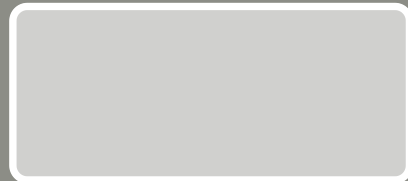
Discussion

- Strategies and solutions that require talents from a diverse background, as healthcare professionals, government, law enforcement, researchers, social workers, and volunteers
- There is still a lack of international comparable data
- Equity is still necessary not only in the evaluation of violence directed at men and between same-sex couples
- Training is needed of both health personnel and police and emergency services in general.
- Legal frame is needed
- Encourage them to adopt safer behaviors, in order to be capable of facing and recognizing partners' harmful attitudes

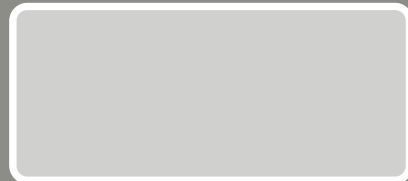
Discussion



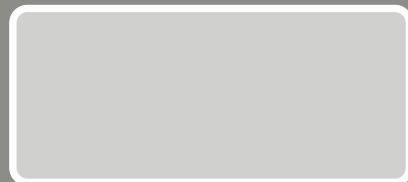
Design interventions aimed at female aggressors and male victims of intimate partner abuse



Education on non-stereotyped gender roles, mutual respect, non-violent conflict resolution



Training of professionals dealing with victims and/or perpetrators on the prevention and detection, including prevention of secondary victimization



Treatment programmes to teach perpetrators to adopt non-violent behaviour in interpersonal relationships

Training on respectful
collaborative
communication

Treatment programmes
that takes in to account
the offenders often do
not see that they hurt
other people

A relational approach to
relationship building and
modelling interpersonal
skills is recommended

It is essential that this
crime be prosecuted
whether the victims
press charges or not

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Thank you!

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